







PHS IN ACTION

Learn first-hand how Public Health Solutions (PHS) is changing the lives of New Yorkers by improving health outcomes. For more information on arranging a visit, please contact Jessica Ecker, Director, Donor Relations at jecker@healthsolutions.com or (646) 619-6642.

LEARN HOW OUR NURSE-FAMILY PARTNERSHIP® (NFP) VISITS EMPOWER NEW MOMS

NFP is an evidence-based, community health program that serves low-income women pregnant with their first child. Each vulnerable new mom is paired with a registered nurse early in her pregnancy and receives ongoing nurse home visits. Join us for a visit to get a first-hand look at how our nurses work with the young mothers and become a part of a personal experience that is life-changing for the mothers and their children who participate in this program.

JOIN OUR SEXUAL AND REPRODUCTIVE **HEALTH EDUCATORS FOR A SCHOOL VISIT TO LEARN HOW WE IMPROVE TEENS' HEALTHCARE**

Our Sexual and Reproductive Health Centers provide a wide range of free, comprehensive and confidential healthcare services to over 4,000 women, men and adolescents each year. Through our centers, the percentage of women at our centers who either started or continued contraception use increased from 2% to 55%, and teen pregnancy is at an all-time low. Learn how health educators at our centers provide an evidence-based curriculum in six Brooklyn schools, through the New York City Teens Connection program, to help youth get the information and resources they need to make healthy decisions.

VISIT OUR NEIGHBORHOOD WOMEN **INFANTS AND CHILDREN (WIC) CENTER** TO SEE HOW WE ARE INVESTING IN THE **HEALTH OF LOW-INCOME FAMILIES**

Located in the Bronx, Brooklyn, and Queens, PHS has operated the Neighborhood WIC program for over 40 years, and is the largest WIC program in New York State. Our nine WIC centers serve approximately 34,000 low-income women, infants, and children annually. Come along for a tour of a WIC center to see how we are working with our communities to provide them education and counseling around nutrition and physical activity, breastfeeding support, and checks to purchase nutritious foods.

MEET OUR NYC SMOKE-FREE STUDENT **ADVOCATES WHO ARE WORKING TO CREATE A TOBACCO-FREE GENERATION**

Over 4,000 students from 60 schools and youth serving organizations across NYC are engaged in NYC Smoke-Free's youth action component *Reality Check*, which is a student led and adult supported program for youth between the ages of 13 through 18 to address tobacco control initiatives. Meet our student advocates to learn how they are educating their peers and community members, and engaging with decision makers in this movement against tobacco use and the tobacco industry.