

LGBT TOBACCO DISPARITIES

While overall smoking rates across NYC have decreased, significant disparities still exist among the lesbian, gay, bisexual, and transgender (LGBT) community. NYC Smoke-Free, a program of Public Health Solutions, works to ensure all communities have the resources they need to be smoke-free. For more information, visit nycsmokefree.org

TOBACCO USE IS PREVALENT IN LGBT COMMUNITIES

The tobacco epidemic continues to have a devastating effect on New Yorkers, with over 28,000 — 12,000 in NYC — dying from smoking-related illnesses every year. Yet, tobacco use and its negative health effects disproportionately impact LGBT populations.

- Nationwide, the smoking rate for LGBT people is 68% higher than the general population
- 21% of lesbian, gay, and bisexual adults and 36% of transgender adults smoke cigarettes — compared to 15% of straight adults
- More than 30,000 LGBT persons die each year from tobacco-related diseases



PERSISTING CHALLENGES SERVE AS BARRIERS TO QUITTING

LGBT populations face countless challenges including discrimination, peer pressure, rejection by family and friends, poverty, and limited access to health care and insurance — all of which make it more difficult to quit smoking and lead healthy lives.

- Lesbian, gay, and bisexual individuals are 5 times less likely to call a smoking cessation quitline
- Gay, bisexual, and transgender men are 20% less aware of smoking quitlines than straight men
- Only 28% of LGBT people use nicotine replacement therapy even when covered by insurance



THE RISE OF MENTHOL

Although overall smoking rates are on the decline, menthol smoking continues to rise—creating more nicotine-dependent smokers who are less likely to guit. The LGBT community in particular is turning to menthol smoking at an increasing rate.

- Menthol cigarettes account for 25% of US cigarette sales
- 36% of LGBT smokers use menthol cigarettes — compared to 29% of straight smokers
- 43% of LGBT women smokers use menthol cigarettes — compared to 32% of straight women smokers



CONTACT US

NYC Smoke-Free Visit: nycsmokefree.org 646-619-6400 nycsmokefree@healthsolutions.org

BIG TOBACCO HEAVILY TARGETS THE LGBT COMMUNITY

For decades, the tobacco industry has targeted LGBT populations through advertisements and sponsorships, including at the NYC Pride March. This translates to positive affiliations with tobacco use and compromises anti-smoking efforts directed towards this community.

TOBACCO COMPANIES BEGIN 1990 ADVERTISING IN OUTLETS FOCUSED ON THE LGBT COMMUNITY -**DEPICTING TOBACCO AS A NORMAL PART OF LGBT LIFE**

TOBACCO COMPANY PHILLIP 1991 **MORRIS PLEDGES LARGE DONATIONS TO AIDS RESEARCH** AND PROGRAMS—FAVORABLY **POSITIONING THEM AMONG THE LGBT COMMUNITY**

1995 TOBACCO COMPANY R.J. REYNOLDS CREATES THE PROJECT SUP OUTPOUR

PROJECT SUB-CULTURE URBAN MARKETING (SCUM) STRATEGY TO BOOST CIGARETTE SALES BY TARGETING GAY MEN AND HOMELESS INDIVIDUALS

www.nycsmokefree.org



Public Health Solutions