

ARE YOU ELIGIBLE FOR WIC?

Women, Infants, and Children (WIC) Program

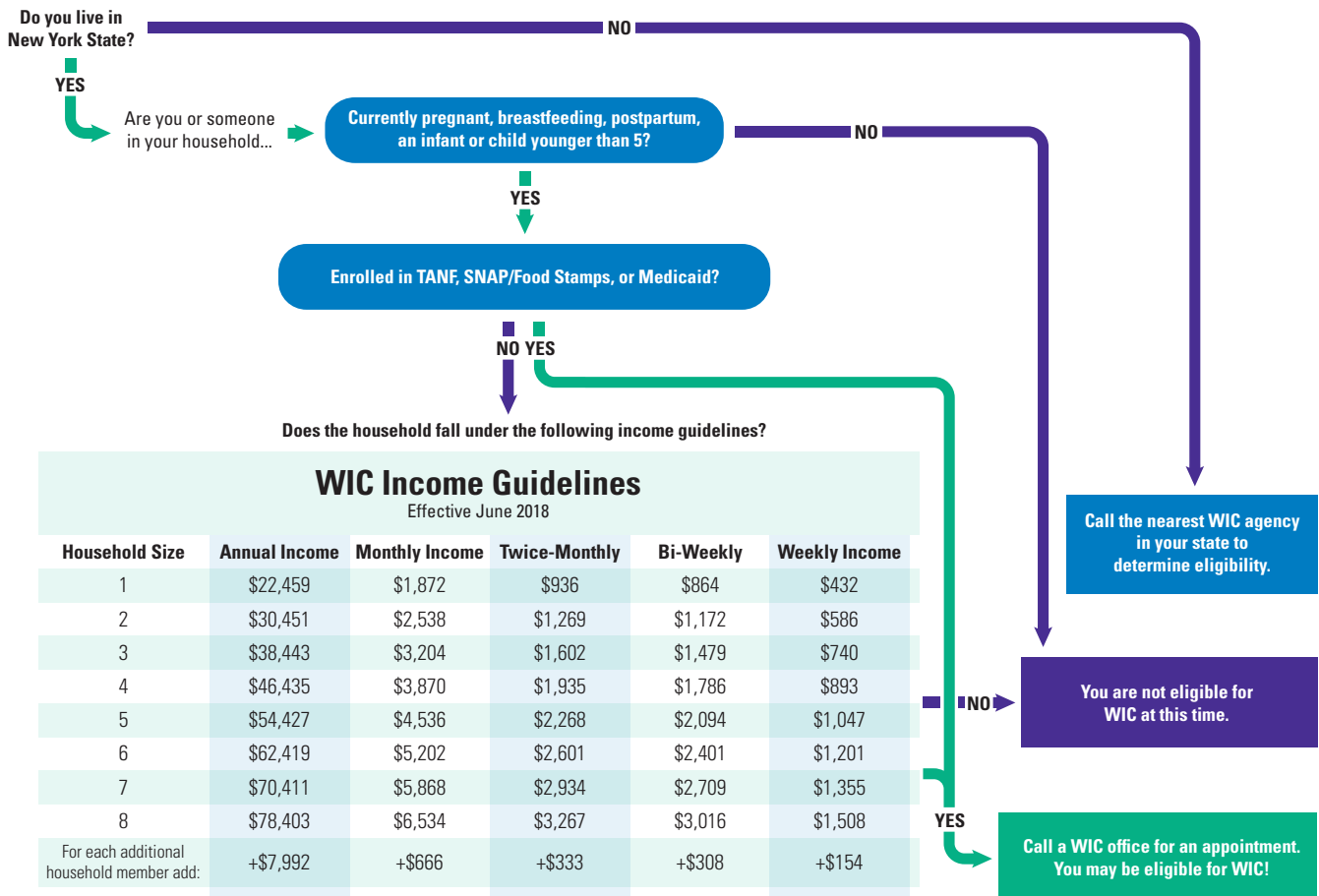
What is WIC?

The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides nutrition education, breastfeeding support, and checks to purchase nutritious foods for low-income families with young children.

Eligibility Criteria

- Infants and Children under age 5
- Women who are pregnant, gave birth within the past 6 months, or are breastfeeding an infant up to one year old
- Reside in New York State
- Enrolled in TANF, SNAP or Medicaid, or meet certain income requirements (see below):

DO YOU QUALIFY?



NEXT STEPS

To find a WIC location near you, see the back, call the Growing Up Healthy Hotline at 1-800-522-5006, visit www.health.ny.gov/wic, www.wicstrong.com, or write to nyswic@health.ny.gov.

