



NURSE-FAMILY PARTNERSHIP®

Public Health Solutions (PHS) is the largest public health nonprofit serving New York City. With two million New Yorkers living at or below poverty, PHS is at the forefront of tackling crucial public health issues, including food and nutrition, health insurance access, maternal and child health, reproductive health, and HIV/AIDS prevention.

Our work in maternal health plays an important role in improving the health of women and children. PHS' Nurse-Family Partnership® (NFP) program is one of our most crucial programs that serves first time mothers.

PHS' NURSE-FAMILY PARTNERSHIP®

NFP is an evidence-based, community health program that serves low-income women pregnant with their first child. Public Health Solutions provides the Nurse-Family Partnership® program in Queens and Staten Island. Each vulnerable new mom is partnered with a registered nurse early in her pregnancy and receives ongoing nurse home visits. It is a life-transforming partnership, for the mom and her child. NFP helps families — and the communities they live in — become stronger while saving money for state, local, and federal governments.



NURSE-FAMILY PARTNERSHIP® GOALS

- Improving pregnancy outcomes by helping women engage in good preventive health practices, including thorough prenatal care from their healthcare providers, improving their diets, and reducing their use of cigarettes, alcohol, and illegal substances
- Improving child health and development by helping parents provide responsible and competent care
- Improving the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, and continue their education and find work



EXTENDING REACH

A two and a half year investment in a woman and her child's health has enormous positive outcomes. NFP changes lives for the women who take part in this program. Through the support of dedicated individuals and social change philanthropists, we are continuing to extend reach to more families like those served through Nurse-Family Partnership®.



Want to learn more about our programs? Visit healthsolutions.org for locations and contact information.

NURSE-FAMILY PARTNERSHIP® PROVEN RESULTS

From improving birth outcomes to crime prevention, NFP is validated by research. Randomized, controlled trials were conducted with three diverse populations, targeting first-time, low-income mothers. The outcomes listed below have been observed among participants in at least one of the trials of the program. Follow-up research continues today, studying the long-term outcomes for mothers and children in these three trials. The level of proven effectiveness demonstrated is unsurpassed in evidence-based home visitation programs.



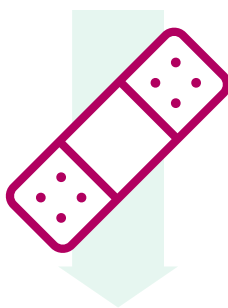
82%

**INCREASE IN
MATERNAL
EMPLOYMENT**



68%

**INCREASE
IN FATHER'S
PRESENCE IN
HOUSEHOLD**



39%

**FEWER
INJURIES
AMONG
CHILDREN**



48%

**REDUCTION IN
CHILD ABUSE
AND NEGLECT**



59%

**REDUCTION
IN CHILD
ARRESTS AT
AGE 15**



67%

**REDUCTION IN
BEHAVIORAL AND
INTELLECTUAL
PROBLEMS**

Source: nursefamilypartnership.org